ASSESSMENT OF NUTRITIONAL STATUS OF PURUSHARTH SHIKSAN SANKUL, BHANVAD CHILDREN

Dissertation for the Degree of Master of Science
Foods and Nutrition
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Abstract:

The school children's age group 6 to 7 year was evaluated for nutritional status of purusharth shiksan sankul, Bhanvad A cross sectional survey was carried about 158 children's share of 104 male children's and 54 female children's. weight, height was taken further. BMI was used in anthropometric measurement. This showed normal BMI in most of children's. And all data were collected using by questionnaire and food frequency questionnaire. Food frequency questionnaire was used to determine the frequency of different dietary intake by all children. Majority all children are cereals, pulses, milk and all food frequency is almost caten by daily. Out of 158 children's according to anthropometric measurement based height, weight and muac measurement of 6 to 14 year children's share of underweight 40.50%, Normal 41.77% and 8.22% overweigh, 9.49% obess.

Keywords: school, age, Food, children, BMI